



FEB. 2025

MASON COUNTY 4-H YOUTH DEVELOPMENT

E-Newsletter

AMPLIFY KENTUCKY 4-H



What's Inside:

- CLUBS UPDATES

Hello everyone,

This month's newsletter contains information on the upcoming clubs and programs available with Mason Co 4-H. If you have any questions, thoughts, or ideas feel free to contact me.

Sincerely,

Trevor Cole

Mason Co. 4-H Youth Development

P:(606)564-6808

C:(606)375-9506



**Cost
\$100**

**UK Cooperative
Extension Service**

YOUTH 4-H Camp

Join us for an unforgettable 4-H Summer Camp at North Central 4-H Camp in Carlisle, KY! Get ready for five days of non-stop fun, making new friends, and exciting activities like swimming, archery, crafts, and campfires! We're teaming up with Robertson, Bracken, and Lewis Counties for an action-packed week you won't want to miss.



June 23-27th



**North Central 4-H
Camp Carlisle, KY**

Ages: 9 and up



Call Us
606-564-6808

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.



Cooking Club

Join Us for an exciting cooking adventure designed just for 4-hers
Introduction to Basic Cooking Techniques: Get hands-on experience with essential cooking skills! We'll teach you how to chop, sauté, bake, and more. You'll be amazed at what you can create in the kitchen!

FEBRUARY 17 TH 3:30
MASON COUNT EXTENSION OFFICE

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Family and Consumer Sciences
4-H Youth Development
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Lexington, KY 40506



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accommodated
with prior notification.



**MASON
COUNTY
4-H**

PROJECT CLUB MEETING

**FUN & CREATIVE
ACTIVITIES FOR AGES
9 AND UP**



**MARCH
18, 2025
6:00**

Admission
FREE



Activities

- ✓ Hands on crafting
- ✓ Educational lesson
- ✓ Drawing & painting

Mason County Extension Office

800 US Hwy 68
Maysville, KY 41056

More Information 606-564-6808 trever.cole@uky.edu

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Disabilities
accommodated

March
10th
6:00 P.M

Join Cloverbud Program



4-H Cloverbud project meetings are fun and educational way to introduce your Mason County Kindergarten through 2nd grader to the world of 4-H.

Mason County Extension Office
800 US Highway 68, Maysville, KY 41056
606-564-6808

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FARM & FAMILY NIGHT

Save the Date:

March 11th, 2025



Presenting our
Title Sponsor



Tickets available
after February 3rd



Questions? Call (606) 301-6118



WORKFORCE
SOLUTIONS

Livestock Hours Available!!!



BAGEL WITH STRAWBERRIES

Ingredients

- 1 Whole Grain Bagel
- 1/4 cup cream cheese or ricotta cheese
- 1/2 cup slice strawberries
- Honey or maple syrup
- Cinnamon (optional)

Directions:

1. Spread each Half of the bagel with 2 tablespoons of cream cheese or ricotta .
2. Sprinkle each bagel half with strawberries.
3. Drizzle with honey or maple syrup. sprinkle with cinnamon (optional).

Source: LEAP...for Health: Adapted from: Real Simple Food. Bagel with Ricotta and Strawberries.
<http://www.realsimple.com/food-recipes/recipe-collections-favorites/quick-easy/healthy-snack-ideas/bagel-ricotta-strawberries-O>.

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